



Al Trout, Bear River Migratory Bird Refuge

Best way to spot feathered bi-peds

THE BEAR RIVER MIGRATORY BIRD REFUGE (2155 W. Forest Street, Brigham City, 435-723-5887)

And we're not talking about those little brown jobs at your backyard feeder. Plan on close-ups with flocks of pelicans, lone ospreys, and teams of ducks. For the full experience, refuge manager Al Trout recommends biking the wetlands' 12-mile loop: "There's so much going on—bird calls and frog songs—you tend to miss it if you're behind the windshield."

Worst reason to be proud of living in the 'burbs



EAGLE MOUNTAIN RACIAL DATA

We get it. Utah is really white. But do developers of sparkling new subdivisions have to tout it as the best reason to move into their neighborhood? Bigg Homes Eagle Mountain Web site posted "Black race population percentage significantly below state average," with "significantly below" in bold letters. Bigg Homes apologized, but it took two months before the statement was taken off the site. They claimed the onus was on the Web designer. We claim, however temporary, it was illegal. Remember The Fair Housing Act?

Best friend to single moms

KAYLEEN SIMMONS

It's hard enough being a mom, but being a single mom is sometimes impossible—especially for those struggling financially. Since 1993, Kayleen Simmons has made it her goal to help the 44,000 single moms in Utah create better lives for themselves. She founded the non-profit organization People Helping People, providing one-on-one business training, life coaching, and mentoring programs for moms in need. When Simmons isn't working directly with single mothers, she's planning major fund-raisers on their behalf, such as the Chili Open and the Spring Garden Tour in June.



STEVE GRANITZ/WIREIMAGE.COM

Best new celebrity resident

GARY COLEMAN

As fans of *Diff'rent Strokes*, we couldn't be happier about Gary "What you talkin' about" Coleman trading Hollywood for Santaquin, which he fell in love with while filming the LDS flick *Church Ball*.



Best culinary-karma export from Utah

DENISE CERETA AND THE ONE WORLD FOUNDATION

(41 S. 300 East, SLC)

Take one woman with a *Field of Dreams*-esque vision and a restaurant that allows you to set your own price. Add loyal patrons, good neighbors, and some serious media exposure and you've got the makings of a culinary movement waiting to happen. It's safe to say that when Cereta opened the famed One World Cafe in 2000, there was a lot of skepticism. But after embarking to other parts of the country (including Manhattan) to plant the seeds of such honorable commerce, everyone's taking notice.